

ካሌብ ታደሰ (ዶ/ር)
ነሐሴ 24፣ 2023

**A Call to Action the International Community to Stop the Genocide of the Amhara people
 by the Narcissists Sociopath Prime Minister Abiy Ahmed Without Preconditions.**

The Prime Minister's narcissism and sociopathy mental disorder could doom the country.

Most revolutions removed oppressive systems only for them to be replaced by similar, if not worse, regimes led by the same liberators. Psychoanalysis is one way of understanding them. We can analyze their behavior as humans, understand their decision-making processes, and anticipate their next move. A substantial body of research into human psychology has revealed multiple personality traits that are commonly found in leaders. However, I will focus on just one, narcissistic sociopath's leader, as it perfectly fits Ethiopian Prime Minister Abiy Ahmed.

The narcissist's sociopath is characterized by high self-esteem, a sense of personal superiority and entitlement, overconfidence, a willingness to exploit others for self-gain, and hostility and aggression when challenged. (የስነ-ልቦና ሳይን ተመራማሪዎች narcissistic personality disorder

ማለት ለራስህ የተጋነነ ቦታ መስጠት፣ እራስን ከመጠን በላይ ማድነቅ፣ ከሌላውም ሰው ከፍተኛ አድናቆትን መሻት እና ለሌሎች ሰዎች ስሜት ቦታ ባለመስጠት የሚገለፅ የስብዕና መታወክ ችግር ነው በማለት ይገልፁ ታል።

Abiy's Narcissistic Personality Disorder (NPD) but now when I noticed in deep what he has been doing and saying, his mental problem goes beyond. He is not just a narcissist it is beyond that. I believe he has moved on to a higher level of mental disorder Narcissistic Sociopath Disorder (ናርሲሲስቲክ ሶሺዮፓት). It is a very serious problem because there is a possibility every sociopathy is a narcissist, but not every narcissist is a sociopathy. Also, both personality disorders hurt people, but sociopaths are doing it intentionally whereas Narcissists take advantage of people. Sociopaths are more dangerous than narcissists. So, he is going through the worst personality disorder.

What is the difference between a psychopath and a narcissist? There's a lot of overlap, but the fact is a lot of people are using these terms interchangeably, but one rule of thumb to remember right, every psychopath is narcissistic, but not every narcissist is psychopathic.

Abiy Ahmed's mental illness is very severe and deserves urgent attention from the international community. He is committing a war crime against humanity in Amhara. He is working in partnership with the OLF and the so-called “OLF-Shene” under the name of Ethiopia National Force to destroy the whole people of Amhara. The situation in Amhara is dire, complex, horrifying, and savage. Amhara is experiencing a variant and wild form of genocide. Non-stop, indiscriminate, and merciless massacres of civilians are taking place. Starvation and raping are being used as weapons of war.

History tells us that all genocidal crimes start with spreading unfounded hate speech against the target group; what has been happening in Amhara is exactly that. Far before they started the genocidal war, Ethiopian government officials started inciting hate against Amharas, referring to them as invaders, ትምክተኛ, ነፍጡኛ, ወራሪ, እያለ! በአደባባይ አማርኛ ተናጋሪዉን የህብረተሰብ ክፍል፡ ለመጉዳት ዕቅድ አውጥተው፤ በማንፌስቷቸዉ አስፍረዉ፤ ተንቀሳቅሰው በአደባባይ የሚጨፈጨፍ ሕዝብ ነው !. The hate propaganda was followed by this dehumanizing war.

Religious places, cultural and historical heritages, and industries are either looted, vandalized, and turned into debris or ashes by Abiy’s military. Farm animals are being slaughtered or seized. Edible fruit-bearing trees are being cut down and destroyed. Health services and schools have ceased functioning. The majority are deliberately destroyed while a few of them remain non-functional due to damage. Rescue the lives of the Amhara people.

According to the European Center for Law and Justice on a recent attack by the Ethiopian government on the ancient and historic Monastery of Debre-Elias. In Ethiopia, these ancient Monasteries and churches constitute pillars of the country's religious and cultural heritage. It is a significant Religious Landmark, “Of the 600 monastery residents, approximately 570 were killed or injured. The Monastery was deserted, with surviving residents forced to flee.” In addition, the monastery was empty, and the surviving inhabitants were forced to flee.” The buildings of the monastery were rendered uninhabitable due to the damage caused by heavy weapons fire. In Ethiopia, these ancient monasteries and churches are pillars of the country's religious and cultural heritage and they are significant religious symbols.

በቅርቡ የኢትዮጵያ መንግስት በጥንታዊው እና ታሪካዊው የደብረ ኤልያስ ገዳም ላይ ያደረሰውን ጥቃት አስመልክቶ የአውሮፓ የህግ እና ፍትህ ማዕከል እንደገለጸው፡ “ከ600ዎቹ የገዳም ነዋሪዎች 570 ያህሉ ተገድለዋል ወይም ቆስለዋል፡፡ ገዳሙ ባይ ነበር፤ በሕይወት የተረፉ ነዋሪዎችም እንዲሰደዱ ተደርጓል፡፡

የገዳማ ህንጻዎች በከባድ መሳሪያ ተኩስ በደረሰው ጉዳት ለመኖሪያነት እንዳይዳረጉ ተደርገዋል።
በኢትዮጵያ እነዚህ ጥንታውያን ገዳማትና አብያተ ክርስቲያናት የአገሪቱ ሃይማኖታዊና ባህላዊ ቅርሶች ምስሰዎች ናቸው። ጉልህ የሆነ የሀይማኖት ምልክት ናቸው።

Having said that, how much more damage must be inflicted on Amharas, and how many more innocent lives must be sacrificed, before the international community can call the situation for what it is namely genocide, and act accordingly to avert another Rwanda in East Africa?

The Dangerous Case of Abiy Ahmed Psychiatrists and Mental Health Experts Assessed whether their moral and civic “duty to warn” Ethiopia supersedes professional neutrality. The group warned against entrusting the Ethiopian Prime Minister to someone who exhibits dangerous symptoms including: *“grandiosity, impulsivity, hypersensitivity to slights or criticism, and an apparent inability to distinguish between fantasy and reality.”* Abiy's impulsivity is unbridled and extreme hedonism and a lethal mix.

How can the international community talk about the sovereignty of a country when the Narcissists sociopath dictator ethnically targets a specific ethnic group of his own country with a deliberate, intentional, and systematic mass killing, a clear goal to wipe them out to the extent that they can't exist with dignity in their own homeland?

Here again, I am earnestly requesting the international community to reexamine their approach and synchronize their efforts to help the people of Amhara without wasting time negotiating and trading with Abiy Ahmed. It should occur to their mind that the Amhara people are in danger of a wild and variant form of genocide, engineered by an individual with a typical Narcissist, Sociopaths Personality Disorder.

Ever since 1991 when the Tigray People Liberation Front (TPLF) regime came to dictatorial power in Ethiopia, state-sponsored systematic genocide of the Amhara people is continuing to take place using brutal military forces. But in the last five years, the genocide is in progress more than ever it happened in the past. Children, mothers, and fathers are slaughtered inhumanly. Their houses get burned. The government of Ethiopia is fueling the mass killings of Amhara people in Oromia, Benishangul, and Southern parts of Ethiopia in collaboration with armed extremists. Therefore, the UN and the international criminal court should act swiftly if the lives of millions of Amharas mean anything to them. Failing to do so, they will be remembered as the passive enablers of a brutal genocide.

I remember, after the Holocaust, and the genocide against the Tutsi in Rwanda the world declared 'Never again'. But is it really 'Never again' implemented? Perhaps the best way to make these words a reality is to start learning from the past and a Call to Action: Stopping genocide on the Amhara people in Ethiopia.

የስነልቦና እና የአዕምሮ ችግሮችን በጥልቀት የሚያብራራው ማኑዋል (Diagnostic and statistical manual for Mental disorders), DSM-5. እንደሚገልፀው ደግሞ እታች ከተዘረዘሩት 9

መገለጫዎች ውስጥ 5 እና ከዚያ በላይ ምልክቶች የታየበት ሰው ለNarcissistic Soiciopath Personality Disorder የተጋለጠ ስለሆነ ህክምና እንደሚያስፈልገው ይገልጻል። እነዚህን መመዘኛዎች ከጠ/ሚ አብይ አህመድ ስብዕና አንፃር በተለያዩ ጊዜ ካስተላልፏቸው ንግ ግሮች በዝርዝር ስንመለከት:

➤ **የሰሩትን ነገር ከመጠን በላይ ማጋነን እና ለእራስ ትልቅ ግምት መስጠት (Exaggerating what you've done and giving yourself too much credit).**

- 5 ቢሊዬን ችግኞችን ተክለናል (ጠ/ሚው በችግኝ ተከላው ላይ 25 ሚልዬን ሰው እንደተሳተፈ ገልፃል። እውነት ያን ያህል ሰው ተሳትፈዋል ወይ የሙሉውን ብንተው እና በዛው ብናስብ አንድ ሰው ብያንስ 200 ችግኝ ተክለዋል ማለት ነው። የተሳተፋችሁ ወገኖች ሆይ በነፍስ ወከፍ ምን ያህል ችግኝ እንደተከላችሁ ለእራሳችሁ ልተው)
- እንደ እኔ ከፍተኛ ድጋፍ ያለው የለም፣ የትኛውም መንግስት በእኔ ደረጃ ድጋፍ አግኝቶ አያውቅም።
- በጣም ታዋቂ ዩኒቨርሲቲዎች የክብር ዶክተሬት ሊሰጡኝ ጋብዘኛል አልቻልኩም፣ አልሄድኩም።
- የዩኒቨርሲቲ እና ሌሎች ብዙ አለም አቀፍ ሽልማቶች ጊዜ የለኝም ብዬ የተውኪቸው እና ያልተቀበልኩቸው አሉ፣ እስከ አሁኑ ሰዓት ድረስ ልሸልሙኝ የሚፈልጉ ብዙ ተቋማት አሉ።

PM Abiy Ahmed irresponsibly makes a lot of sudden twists and turns. He doesn't want to be accountable for his wrong actions and failures. He always points a finger at others. He irresponsibly sabotages and conspires with enemies in exchange for financial gain and material support, only to meet his greed for power.

He is known for breaking laws and orders. He doesn't abide by or care for societal norms. He is acting against the will of the people of all nations and nationalities. He denies their constitutional right.

➤ **በተጨማሪ መሬት ላይ የሌለውን ስኬት fantasize ማድረግ። (Fantasizing success that doesn't exist on the ground).**

- በጠ/ሚሩ አይን ኢትዮጵያ የስኬት ጎዳና ላይ ስትሆን ተጨባጭ ግን በተቃራኒው ነው። ጠሚው ከፍተኛ delusion ውስጥ ነው ያሉት። እንዴት የሚለውን እንይ

Abiy Ahmed is very famous for his shameless and blatant lies. So, which one to believe? None because Abiy Ahmed has been dishonest and mendacious right from the beginning of his premiership. His lies are limitless. He uses lies as a guiding principle. In addition, he always acts and reacts impulsively and without due regard for the consequences of what he says and does. His unplanned actions and impulsive decisions have created unhealthy relationships with neighboring countries such as Sudan, Djibouti, and Kenya. He remains detached from reality and lives in fantasy. He always acts in response to immediate stimuli without a plan or due regard to consequences.

- የአገሪቷ ኢኮኖሚ ታይቶ የማይታወቅ ውድቀት ውስጥ ነው።
- የፀጥታ እና ሰላም ሁኔታ ከየትኛውም ጊዜ በላይ አሳሳቢ ደረጃ ላይ ይገኛል።
- የአገሪቷ ዲፕሎማሲያዊ ግንኙነት መጥፎ ደረጃ ላይ ይገኛል።
- ፖለቲካውም ሁላችንም እንደምናውቀው ውጥንቅጡ የወጣ ነው እንመልከት፡-
- አስፍቶት የነበረው የፖለቲካ ምህዳር መልሶ መጥበብ
- እስረኞች ተፈትቶ የነበረ ሲሆን በአሁን ሰዓት ከበፊቱ በከፋ ደረጃ የፖለቲካ እስረኞች መብዛት
- የሚዲያ ነፃነት ተመልሶ መገፈፍ፣ ንብረቶች መዘረፍ፣ ጋዜጠኞች በገፍ መታሰር ከሀገር መሰደድ
- የፀረ ሽብር ክስ ወደ ሽልፍ መመለስ

➤ **እራስን ልዩ እንደሆነ ሰው መመልከት፣ ሌሎች ሰዎች አይረዱኝም ብሎ ማሰብ (Seeing yourself as a special person, thinking that other people don't understand me)**

- አንድ ቀን ትረዱኛለችሁ
- እናንተ የማታውቁ ብዙ ነገር አለ
- ዛሬ ላይገባችሁ ይችላል እና
- ለጊዜው አይታያችሁም የሚሉ የአብይ አህመድ ተደጋጋሚ አገላለጾች

- **ከልክ በላይ የሆነ አድናቆትን እና ትኩረትን መፈለግ** (Seeking excessive admiration and attention)
 - በገፅታ ግንባታ፣ በPR፣ በፎቶ እና የሚዲያ ጋጋታ ላይ ከፍተኛ መዋለ ነዋይ ማፍሰስ።
 - ትርጉም ካለው እና ጥልቅ ከሆነ ፕሮጀክቶች ይልቅ ብልጭልጭ የሆኑ እና ትኩረት በሚስቡ ስራዎች ላይ በማቆከር ትኩረት የማግኘት ጥረቶች (ሸገር ፓርክ፣ ችግኝ ተከላ፣ ቢሮዎችን ማሳመር፣ ቤተመንግስት ማደስ፣ እንጦጦ)።
- **የተለየ ቅቡልነትን እና ቦታ ይገባኛል ብሎ ማሰብ** (Thinking that I deserve a unique acceptance and place)
 - እናቴ already ጠ/ሚር እንደምሆን ነግራኛለች
 - በየቀኑ ብያንስ አንዴ ጠ/ሚር ትሆናለህ ተብሎ እየተነገረኝ ነው ያደግሁት። ለዛ እየተዘጋጀው ነው የመጣሁት፣ እንደሚሳካም ጥርጣሬ ኑሮኝ አያውቅም።
- **ሌሎችን ለእራስ አላማ መጠቀሚያ ማድረግ/መበዝበዝ** (Using/exploiting others for one's own purposes).
 - የህዝብ ትግልን ለስልጣናቸው እንደ ድልድይ ከተጠቀሙ በኋላ ህዝቡን መካድ
 - የገዛ የትግል አጋራቸው የሆነውን መጠቀሚያ አድርጎ ቢን ውስጥ መጣል
- **ለሰዎች ርህራሄ ማጣት** (Lack of compassion for people)

It is an open secret that thousands of people are being displaced and killed but Abiy Ahmed pays no regards. He doesn't seem to have sympathy and empathy in the killings of thousands and displacement of millions as long as such actions are executed in alignment with his motives and interests. Abiy Ahmed shows a lack of regard for people's rights and feelings. He desires to stay in power at the expense of other's lives and the country's sovereignty.

- የአፋር ህዝብ በጎርፍ ተጥለቅልቆ እሳቸው እና ፓርቲያቸው ሸገር ላይ ሲደንሱ መዋል፣ ድንበር ተሻግሮ ለሱዳኑ የለበጣ ሀዘን ተቀምጦ እዚሁ አገር ቤት ላይ ለዜጎች አቤት አለማለት
- **ሌሎች ላይ ከፍተኛ ቅናትን ማዳበር ወይም እነሱ ይቀኑብኛል ብሎ ማሰብ**
 - ከእሳቸው ውጪ ሌላ ማንኛውም ባለስልጣን ጎልቶ እንዳይታይ መፈለግ/ማድረግ
 - የኖቤል ሽልማት ካልተነጠቀ የሚሉ ሰዎች እራሳቸው ያንን ስለሚፈልጉት እና ማግኘት ስላልቻሉ ነው። ከእራሳቸው ጥማት እና ፍላጎት አንፃር ነው (በቅናት ነው እንዲህ የሚያደርጉት የሚል ትርጓሜ የሚሰጥ ንግግር)

➤ የትዕቢተኝነት እና እብረተኝነት ባህሪ/አመለካከትን ማንፀባረቅ

Abiy Ahmed often is seen demonstrating irritable and aggressive behaviors. He aggressively wants to achieve his motive by doing anything and everything within his reach and at the expense of killing of people. He is unwilling to learn from mistakes or accept ideas from others but rather expresses a sense of irritable and stubborn character. When challenged or questioned, he gets irritated and becomes indignant. I believe this criterion of the DSM-5 qualifies Abiy Ahmed to be an ASPD case.

- ፓርላማ ውስጥ በተለተቃዋሚ ፓርቲዎች ላይ ያስተላለፉት ዛቻ እና ማስፈራረያዎች
- በተለያዩ መድረኮች ላይ በብልፅግና ፓርቲ አባሎች እና አመራራች ስያስተላልፉ የነበሩ ዛቻዎች
- ሓጭሉ ከተገደለ በኋላ የሚሊተረ ልብስ ለብሶ በአጠቃላይ ህዝብ ላይ ያስተላለፉት ዛቻ

Abiy Ahmed shows no regret or guilt. He lacks a sense of empathy and remorse. He continues furthering his reckless and irresponsible acts to result in extremely detrimental societal harms and destruction. Abiy Ahmed should not be allowed to stay in power. He has already done enough destruction in the country. The international community needs to act immediately and Shouldn't Waste Time if they hope to save the people of Amhara. Time is of the essence.

In the last five years unsurprisingly witnessed that, Abiy's popularity has declined fast as he gained popularity fast because of almost three decades of oppression by the TPLF regime, and, as a result, consolidated power. What is scary for Ethiopians, however, is not the decline of his popularity but his reaction to it. As for grandiose narcissists and sociopaths, perceived threats can trigger rage.

In summary, Narcissist Sociopath Disorder is often diagnosed after harm has already occurred. Its management can also be difficult, requiring a team of experts to the treatment and willingness of the person who has this disorder. However, what is clear is that it is extremely dangerous to allow an individual with Narcissist Sociopath Disorder to assume a position of great responsibility and accountability. However, no one is paying attention to Abiy Ahmed's mental disorder conditions, and actions. He, without a doubt, is showing more serious symptoms of Narcissist Sociopath Disorder, and his condition is deeply ingrained causing rigid dysfunctional thought processes, and exploitative and criminal behavior that deserves the

International community's urgent attention and vigorous action to stop the genocide of Amharas people.